

Addressing the need for a pictorial guide for marginalised adults with epilepsy: accessible information for adults with epilepsy

Janet Mifsud, Caritas Malta Epilepsy Association, Malta; **Caroline Morton**, Stichting Epilepsie Instellingen Nederland (SEIN), Netherlands; **Shirley Maxwell**, Epilepsy Connections, Scotland; **Michael Alexa**, Epilepsie Dachverband Österreich Austria; **Thomas Porschen**, Interessenvereinigung für Anfalls Kranke in Köln e.V., Germany.

Contact email: epipicto@gmail.com website: www.epipicto.eu

Introduction and Aims

The EU literacy report (2012) showed that up to 20% of European adults have poor literacy skills. It is estimated that this percentage is higher in marginalised communities, leading to poor health-seeking behaviour and quality of life. This project aims to address such needs for marginalised adults with epilepsy by developing a pictorial guide

Methodology

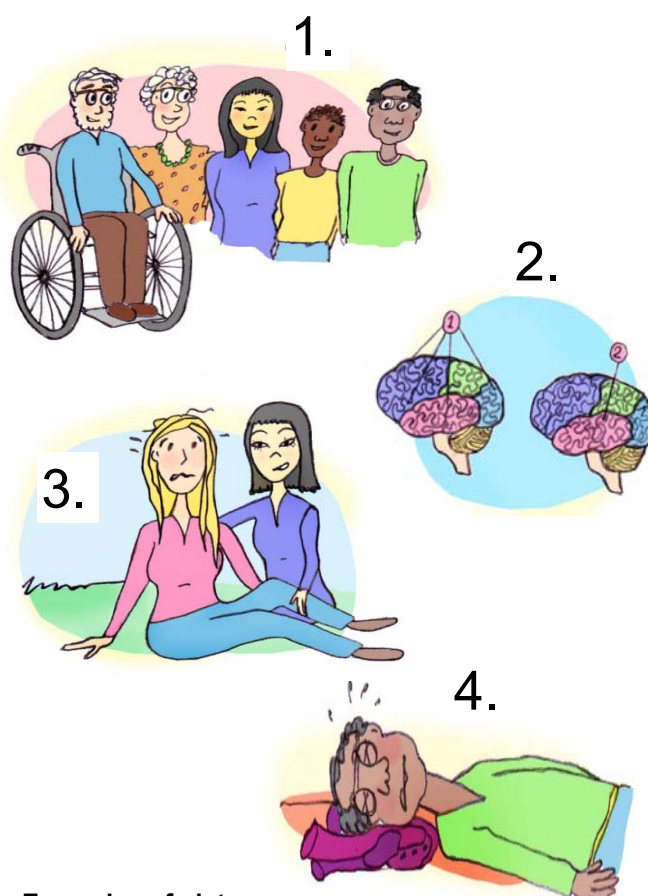
A literature search was undertaken which found that currently no such resources are available for adults with epilepsy. The project then successfully applied for and obtained EU funds since it was considered to fit in with the European and national Erasmus+ priorities. EPIPICTO will use innovative learning approaches to understand the unmet needs for marginalised adult learners with epilepsy. Outreach multiplier events and moderation sessions will be undertaken in order to identify the main themes and type of graphics needed for the development of this guide. Training will also be provided for staff from the wider epilepsy community in the use of this guide.



Kick off meeting in Malta, November 2017

Results

The first outreach and multiplier event was held in Malta in November 2017 and the main areas to be included in the guide were identified. The graphics to be used in the guide are presently being developed and will be evaluated in subsequent multiplier events including Vienna, when a proof of concept will be rolled out. It is also being planned that the guide will be available online as an open resource so that the limited text can be easily translated into other languages.



Examples of pictures

1. Everyone can have epilepsy
2. Different types of seizures affect different parts of the brain
3. Helping someone after a seizure
4. First Aid during a seizure

Conclusions

It is being envisaged that the guide will allow for easy knowledge-transfer on facts about epilepsy and assist adults with epilepsy to improve their health-seeking behaviour and contribute towards a reduction of stigma based on misinformation and ignorance.

Project 2017-1-MT01-KA204-026946



Co-funded by the
Erasmus+ Programme
of the European Union